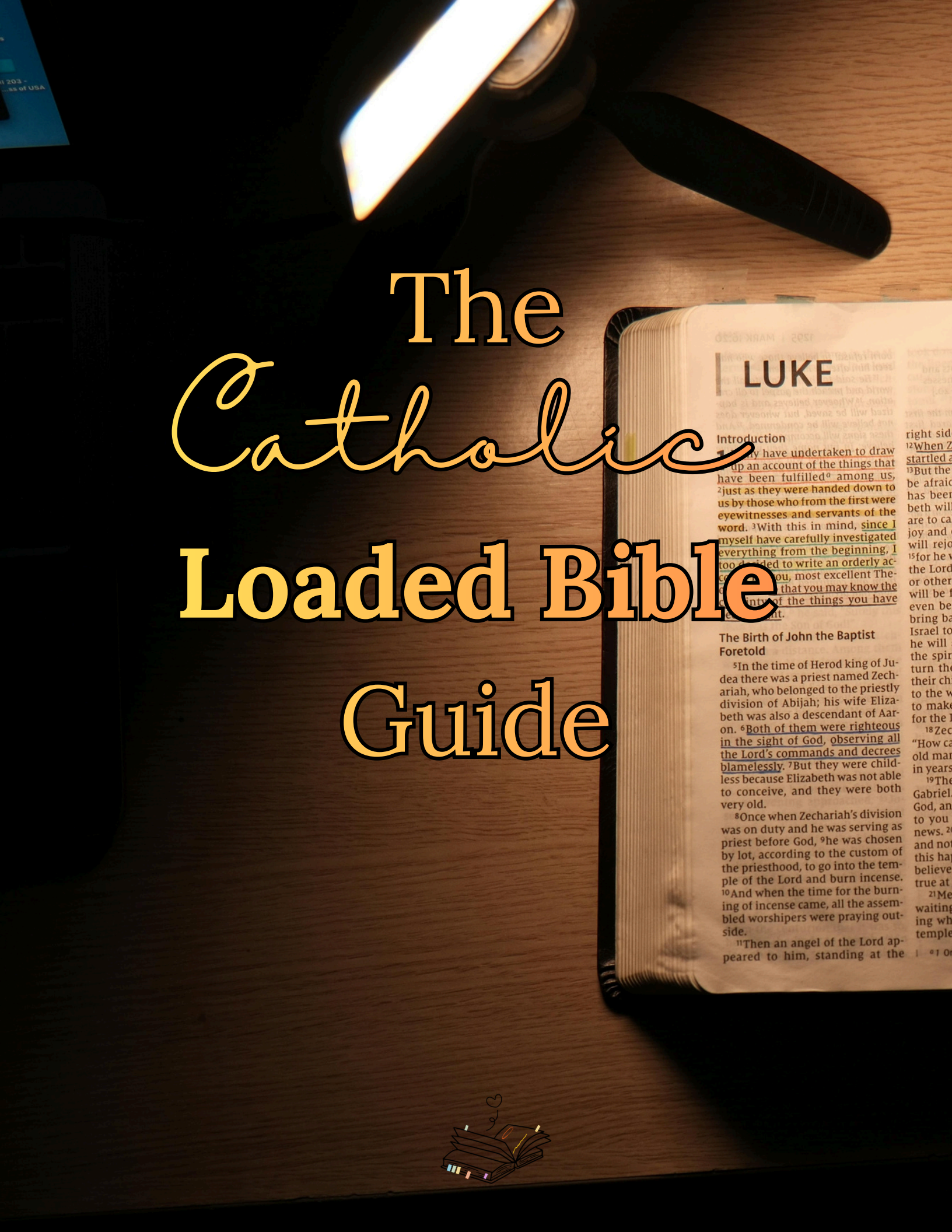

The
Catholic
Loaded Bible
Guide
LUKE
Introduction
have undertaken to draw
up an account of the things that
have been fulfilled[a] among us,
2just as they were handed down to
us by those who from the first were
eyewitnesses and servants of the
word. 3With this in mind, since I
myself have carefully investigated
everything from the beginning, I
too decided to write an orderly ac-
count for you, most excellent The-
that you may know the
certainty of the things you have
been taught.
The Birth of John the Baptist
Foretold
5In the time of Herod king of Ju-
dea there was a priest named Zech-
ariah, who belonged to the priestly
division of Abijah; his wife Eliza-
beth was also a descendant of Aar-
on. 6Both of them were righteous
in the sight of God, observing all
the Lord's commands and decrees
blamelessly. 7But they were child-
less because Elizabeth was not able
to conceive, and they were both
very old.
8Once when Zechariah's division
was on duty and he was serving as
priest before God, 9he was chosen
by lot, according to the custom of
the priesthood, to go into the tem-
ple of the Lord and burn incense.
10And when the time for the burn-
ing of incense came, all the assem-
bled worshipers were praying out-
side.
11Then an angel of the Lord ap-
peared to him, standing at the

It's time to load up.

Let's load up that Bible of yours! A "**loaded Bible**", to borrow a trendy and possibly cringy social media term for it, is a Bible that's been prepped for prayer. Stacked with tabs, color coded, highlighted - however far you want to go. (Unsure? Instagram it.)

The point? **Making it more accessible.**

It's *hard* for *anyone* to get into a thin-paged, tiny-fonted, mini-margined body of ancient text. Help yourself out by identifying themes, passages, and fodder for prayer by loading your Bible. The following pages are *my* method. Take what you will. Leave what you may. But I encourage you: take some time to prep your Bible so that Future You can open it easily, find some words of love from God, and start an earnest conversation with Him!



love,
Monica

How to Start:

Step 1: Gather supplies.
You'll need highlighters & tabs of corresponding color, if you're fully in on my method. I really recommend purchasing actually durable nice tabs instead of ripping post-it-notes. This is supposed to serve you for the long term! Amazon has packs of TONS of colors. For highlighters, look for *light* colors that won't bleed!
You'll also need a Bible! I recommend a FRESH, unused Bible. (I know, I know!) But trust me, if your highlights stand out on the page that hasn't been previously loved, it's so much easier to see & organize. Investing in a new Bible? Choose one with MARGINS! What a game changer. (Double check it's Catholic, by the way! Lots of gorgeous Protestant Bibles out there...don't lose your 7 books!)

Step 2: Pick your colors & categories. (Is this step 1? It informs your purchases!)
There are 7 categories I use, but you can go crazy.

1. What God Says About Me / My Identity
2. Sorrow & Suffering
3. I Am With You
4. Don't Be Afraid
5. God is Provider/ Trust God
6. Who God Says He Is
7. Sweet/Gentle/Tender/Verses That Make Me Feel Loved

Other ideas: Motherhood/Fatherhood, Encouragement, Mission, one category for each child in the family

Step 3: Moving by category, find the verse in your Bible & highlight it in your corresponding color.

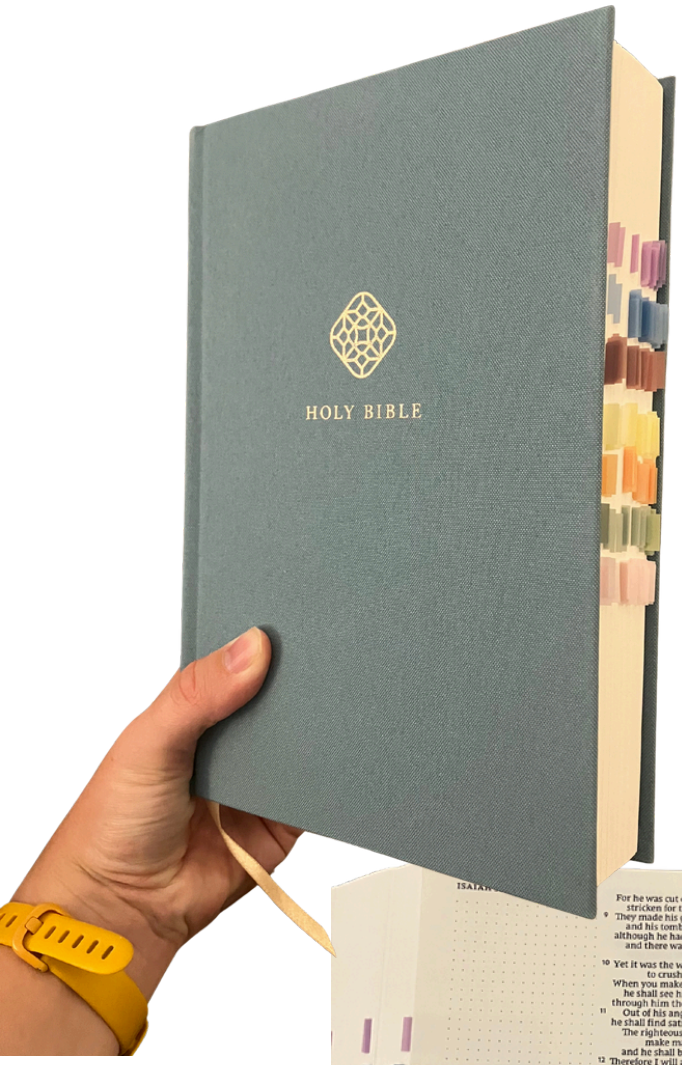
- Some verses may feel like they could go either way. You can make your own decision about if you want a verse to be one category or another, or split!

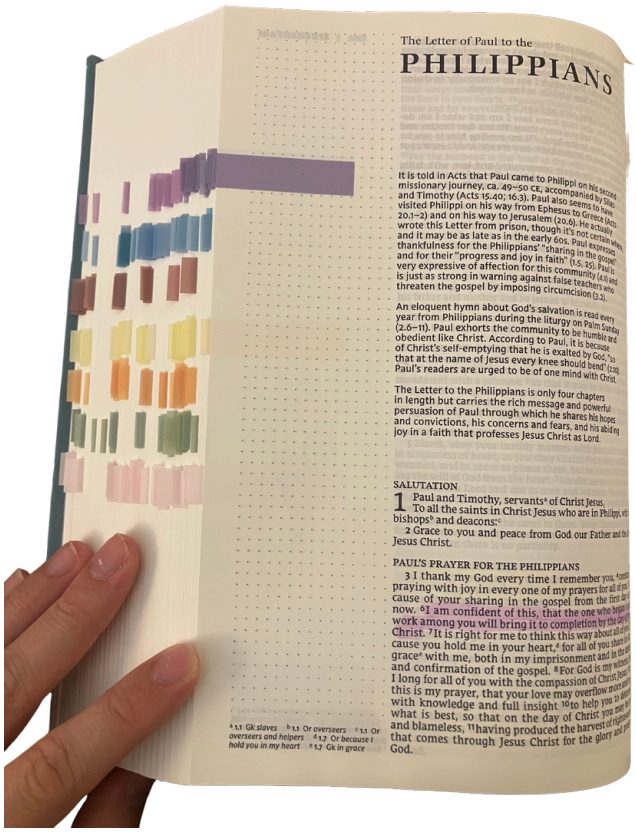
Step 4: Tab the page of the verse.

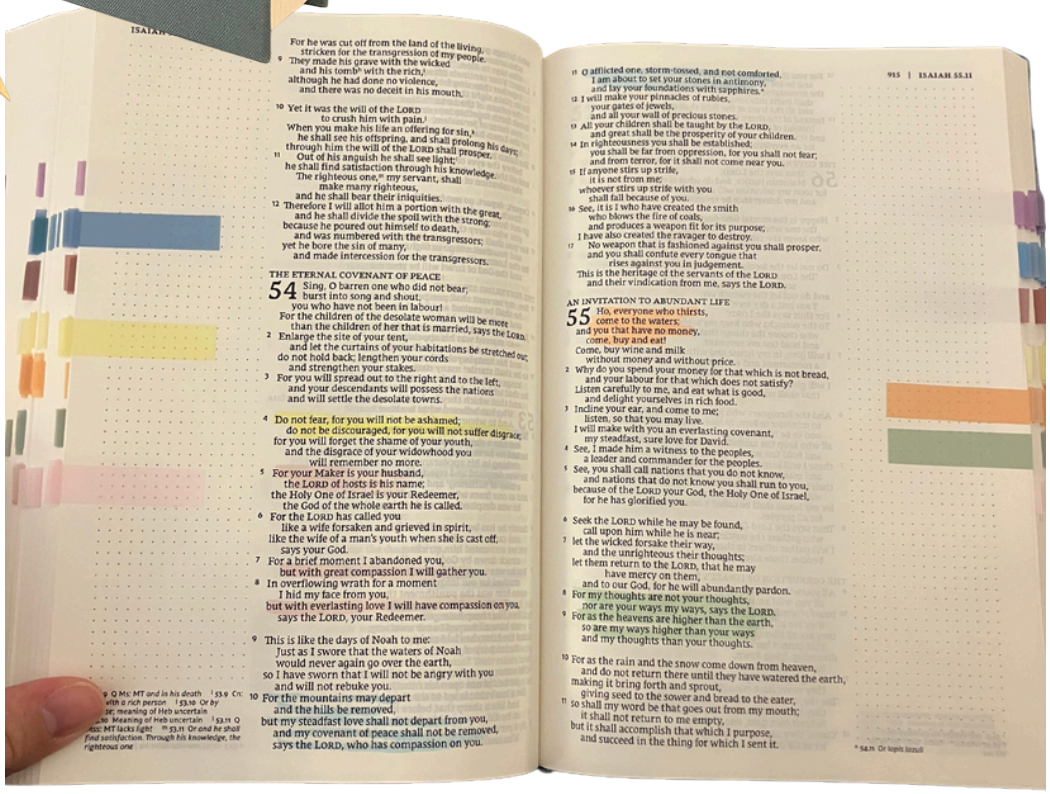
- Be mindful of how much the tab hangs out over the edge of the page! You don't want your tabs to all be bent because they were too long!
- Use a straight line so that all of the category verses are in the same line down your Bible, NOT corresponding to where the words are on the page. When you flip open the page, you'll see the color.
- I like to use the side of the page the words are on to stick the tab.
- Optionally, on your tab, write the exact chapter and verse, so that you can easily find it on the page.

Visuals

Behold! This is what it can look like, if you do it like I do it!







What God Says About Me / My Identity

Genesis 1:31
Deuteronomy 5:15
Psalm 4: 3, 7
Psalm 8: 3-8
Isaiah 49:2-3, 6 & 7 parts
Isaiah 58:11-12
Jeremiah 1:5
Jeremiah 18:3-6
Jeremiah 29:11-14
Ezekiel 11:19
Ezekiel 36:25-27
Ezekiel 47:7,12
Hosea 14:4-9
Zephaniah 2:6
Matthew 18:12-14
Matthew 25:21
Mark 5:34,41-42
Mark 6:30-31
Mark 12:34, 43-44
John 3:16
John 10:27-28
John 15:11,16,19
Acts 2:4, 39
Acts 13:47,52
Romans 8:14-16
Romans 12:4-8
1 Corinthians 2:16
1 Corinthians 3:16
1 Corinthians 6:20
1 Corinthians 12:12-27
Galatians 2:20
Ephesians 2:10,19
Philippians 1:6
1 Thessalonians 5:5
1 Peter 2:9-10
1 John 4:4

Sorrow

Genesis 50:20
Deuteronomy 32:10
Psalm 9:9-10
Psalm 30:1-2,5b,11-12
Psalm 34:17-18
Psalm 38:9-10,21
Psalm 42:1,5-6,9
Psalm 55:4,22
Psalm 56:4, 8-9
Psalm 62:1-2,8
Psalm 69:1-3, 17-18, 20b, 30a, 34-36
Psalm 126:5-6
Psalm 147:3
Ecclesiastes 3:1,4
Sirach 27:4-6
Isaiah 30:20, 26b
Isaiah 40:1,11
Isaiah 40:27-31
Isaiah 43:25
Isaiah 44:3
Isaiah 53: 2-5
Isaiah 54:10-11
Isaiah 65:19
Isaiah 66:13
Jeremiah 15:18
Jeremiah 31:15-16
Lamentations 3:55-60
Ezekiel 37:7-14
Micah 7:7-8, 9b
Matthew 5:4
Matthew 6:25-34
Matthew 9:36
Matthew 11:28
Mark 1:41-42
Mark 4:37-40
John 11:35
John 16:20-22
1 Corinthians 10:13
2 Corinthians 1:3-4,6
2 Corinthians 4:1,16-17
2 Corinthians 4:1,16-17
2 Corinthians 11:24-30
2 Corinthians 12:9-10
Philippians 4:4-7
2 Thessalonians 2:16-17
Hebrews 10:32-35
Hebrews 12:3
James 1:12
James 5:10-11
1 Peter 4:13, 16, 19
1 Peter 5:9-10
Revelation 21:4

I Am With You

Exodus 3:12
Exodus 14:14
Exodus 23:20
Exodus 33:14
Deuteronomy 4:29
Deuteronomy 31:6
Joshua 1:5,9
Psalm 3:3-6
Psalm 23:1, 4, 6
Psalm 32:8
Psalm 46: 1, 5, 10
Isaiah 41:10, 17
Isaiah 43: 1-2, 5
Isaiah 58:9
Haggai 1:13
Haggai 2:4
John 14:18
Revelation 21:3

Courage/Anxiety/Don't Be Afraid

Exodus 14:13-14
Deuteronomy 1:29-31
Deuteronomy 3:22
Deuteronomy 7:8-19
Deuteronomy 31:7-8
Joshua 1:5-9
1 Maccabees 2:19-21
2 Maccabees 7:20-21
Psalm 4:8
Psalm 27:1,3,5
Psalm 46:2
Psalm 56:3
Psalm 91 (all or 1, 5, 7, 9, 14, 15)
Proverbs 3:24-26
Isaiah 41:10
Isaiah 44:1-2, 8
Isaiah 49:25b
Isaiah 54:4
Jeremiah 1:8
Jeremiah 30:10-11
Haggai 2:4-5
Matthew 10:29-31
Mark 5:36
Mark 6:50
Luke 1:13, 30
Luke 5:10
Luke 12: 4, 7
John 6:20
John 14:1
John 15:33
Acts 1:8
Ephesians 6:10-11
Philippians 4: 11-13
2 Timothy 1:7
Hebrews 12:12
1 Peter 3: 14
1 Peter 5:7

God is Provider / Trust God

Exodus 16:4, 14 (pick which ones you like)
Exodus 17: 11-13
Deuteronomy 32: 12-13
Psalm 27:13-14
Psalm 37: 3-7
Psalm 40:1-4
Psalm 68:5-6, 10b
Psalm 121: 2, 5, 7
Proverbs 3: 5-6
Isaiah 45:3
Isaiah 55:1
Isaiah 65:24
Jeremiah 17:7-8
Daniel 3:94b
Daniel 6:22
Matthew 6:28-30
Matthew 21:22
Matthew 12:43-44
Luke 1:45
Luke 9:13-17
Luke 10:40
Luke 11:9-12
Luke 12:22
Luke 18:1-8
Luke 18:29-30
John 14:13-14
Acts 12:11
2 Peter 3:8-9

What God Says About Himself

Exodus 34: 6-7
Deuteronomy 4:7, 31, 33-35
Deuteronomy 10:17,21
1 Kings 19:11-13
Judith 8:16-17, 27
Judith 9: 11
Psalm 18:2 (or whole thing)
Psalm 23
Psalm 28:10
Psalm 32:7
Isaiah 43:15-19
Isaiah 45:2-5, 11-12
Isaiah 55:8-9
Daniel 6:26b-27
Hosea 14:4-9
Malachi 3:3
Matthew 11:29-30
Luke 1: 50-52
Luke 15:20-24
Luke 23:43
John 1:1-5
John 6:33-35
John 7:37-38
John 8:12
John 10:1-18 (specifically 3b, 7b, 10-11, 12a, 14, 17-18)
John 11:25
John 13:13
John 14:6
Romans 5:8
Philippians 2:6-8
Hebrews 4:15-5:2
Hebrews 6:10
Hebrews 8:12
2 Peter 3:8-9
Revelation 19:11
Revelation 22:12, 16

Sweet/Tender/Love

Exodus 15:13
Exodus 19:5
Exodus 34:29
Deuteronomy 10:15
Deuteronomy 30: 3-4, 6
Psalm 18:6, 16-19, 33
Psalm 23
Psalm 40:17
Psalm 63: 1-3
Psalm 139
Song of Songs 1:4 , 6, 9, 15-16
Song of Songs 2: 1-3, 14-15
Song of Songs 4:1
Song of Songs 4:9
Songs of Songs 7:10
Isaiah 30:18
Isaiah 42:6
Isaiah 43:4
Isaiah 44: 21b, 22, 24
Isaiah 49:14-16
Isaiah 54:5-8
Isaiah 62:3-5
Jeremiah 31:3
Ezekiel 11:19
Ezekiel 36:26
Hosea 2:14-15
Hosea 11:3-4, 8b-9
Zephaniah 3:17,20
Matthew 26:10-13
Luke 10:42
Luke 19:10
John 15:9, 13-15
Romans 8: 32, 38-39
2 Corinthians 13: 4-7
Ephesians 3: 17-19
Philippians 2: 15b
Hebrews 4: 15- 5:2
Hebrews 8:10-11
1 John 3: 1-2, 20
1 John 4: 9-12

Other Ideas?

Non Catholic ones:
Of course, so much overlaps & we can learn soooo much from Protestant sources, but we just have to keep an eye on Catholic doctrine when getting into non-Catholic Biblical materials!

- Kingfolk Co is gorgeous: tabs, stickers, phone backgrounds...this is a TREASURE TROVE.

- Mr. Pen is a highlighter brand that was made for Bible journaling, and they have Bible journaling videos on their site! Google "Selah by Mr. Pen" to see what I mean.

- Nas Bloomin' Bibles on Etsy

Catholic ones:

- Blessed is She has "Words of Life" Bible Verse Cards

- Abundance of Grace shop has "Woman of Worth" affirmation cards that can be used to memorize Scripture or load up a Bible. So pretty!